

## Scheduling Windows Tasks at Night

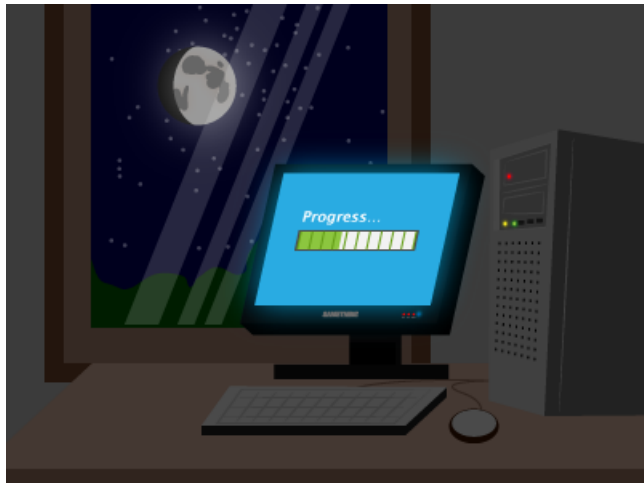


Illustration: [Gordon McAlpin](#)

Instead of turning your PC off at night, it might be wiser to leave it on, and schedule a deep Registry Reviver scan or an antivirus scan. These scans can take time, and use PC resources, but they're also important. Overnight is the perfect time to scan.

To schedule a deep scan in Registry Reviver:

Launch [Registry Reviver](#)

Click **Scan**

Check **Deep Scan**

Click **Utilities**

Click **Scheduler**

Click the frequency you wish, a good middle-of-the-night time, and click **Apply**

To schedule a virus scan with Windows Security Essentials:

Launch [Windows Security Essentials](#)

Click **Change my Scan Schedule**

Select **Run a Scheduled Scan on My Computer** and choose a **scan type, time** and **date**

Click **Save Changes**

Note that you'll want to disable automatic Sleep or Hibernation mode on your PC, so that your PC's not inactive when the scan becomes scheduled. To do so:

Click **Start**

Click **Control Panel**

Click **Power Options**

Click the **Change Plan Settings** link next to your current power plan

Select **Never** next to Put the Computer to Sleep

Click **Save Changes**

When you wake up, the scan will be finished, and you'll get to review the results! It's a snap!